

Camille Soleil

Chronically Beautiful



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This book of poems is for everyone living with a chronic condition and everyone helping those people. As well as my Mom, my Dad, my therapist, my caregivers and the NF community. Give yourself grace, you are so strong.

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Can you?

Numbness in my fingers.
Stiffness in my Legs.
Everything Must Stay Frozen.
For my Life I Live I Beg.
And Movement Is Freedom.
Decay is Not an Option.
I Stare at the Bones in my Hand.
Knowing This Isn't Random.
Can I Stop a Fast Moving Train?
Gripping The Rails with my Toes.
Should I Exercise A Muscle?
When it Will Only Go.
I Live a Beautiful Life.
Balancing on One Leg Instead of Two.
Though I Can Say I'm Brave.
Can you?



Live

So, no.

The woman I am inside wants sex,

she wants to run,

she wants to live on her own in Boston,

she wants to live the life she's got so unapologetically herself that the world looks at her and realizes they've been doing it all wrong!

And I can do it all...

minus the running.